

Gym memberships and cancellations

Signing up to a membership

There are many different types of gym memberships that can entice you into getting fit - family memberships, half price for 3 months, pay as you go etc...

It's important to consider if you can afford the membership and if you are going to actually be able to use it. It is also essential that you read up on the terms of the offer before you agree to the contract:

- Is there a membership fee? Is there a admin fee?
- If there is a special offer what are the requirements and how long does it last?
- How long is the contract for?
- Are there are any additional extras?
- What is the cancellation policy?

Know the full cost and obligations of the membership before you sign up.

Cancelling a membership

When you sign up to a gym membership it is a legally binding contract which you may not be able to cancel until the full term is up.

There are circumstances where you may be able to cancel,

- Your circumstance has changed and you can no longer afford the payments
- You have an injury or illness that prevents you from using the gym membership

However you will have to provide evidence to support your case. Speak to the manager and get advice if you need it. You should also get advice if you think some of the terms in the contract are unfair.

Read the Citizens Advice consumer page "[Cancelling a gym membership](#)" for more detailed information and letter templates

Get advice from the Citizens Advice consumer helpline: 03454 04 05 06

Welsh-speaking adviser: 03454 04 05 05